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DEPARTMENT OF HEALTH & SOCIAL SERVICES Chief Deputy, Behavioral Health **Behavioral Health Services Division**

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Consumer Perception Survey 2023 - Youth

In accordance with Department of Mental Health, the Solano Behavioral Health Plan (BHP) administered Consumer Perception Surveys from May 15th - 19th, 2023. Surveys were available to all consumers that came into clinic and contractor locations for a service during this time. Completed surveys were collected and then were submitted to the Department of Mental Health.

The goal of this survey was to collect data for reporting on the federally determined National Outcome Measures (NOMs). Reporting on these NOMs are required by the Substance Abuse Mental Health Services Administration (SAMHSA), and receipt of federal Community Mental Health Services Block Grant (MHBG) funding was contingent on the submission of this data.

| Demographics Overview | Youth | Youth | Families | Families |
|--|-------------|-------------|-------------|-------------|
| | June '22 | June '23 | June '22 | June '23 |
| Total Surveys Received | 60 | 79 | 70 | 85 |
| Gender: | | | | |
| Male | 43% | 23% | 44% | 36% |
| Female | 22% | 30% | 34% | 45% |
| Other/Not Answered | 35% | 47% | 21% | 19 % |
| Survey Language: | | | | |
| English | 97 % | 95 % | 73% | 70% |
| Spanish | 3% | 5% | 27% | 30% |
| Other | 0% | 0% | 0% | 0% |
| Medi-Cal Insurance: | 65% | 53% | 73% | 80% |
| Ethnicity: (Identified with one or more) | | | | |
| American Indian/Alaskan Native | 7% | 3% | 13% | 5% |
| Asian | 7% | 6 % | 0% | 7% |
| Black/African American | 15% | 10% | 23% | 11% |
| Mexican/Hispanic/Latino | 42 % | 33% | 41% | 51% |
| Native Hawaiian/Other Pacific | | | | |
| Islander | 0% | 1% | 4% | 4% |
| White/Caucasian | 28% | 25% | 31% | 26% |
| Other | 25% | 18% | 19 % | 19 % |
| Unknown | 3% | 1% | 4% | 2% |
| Agreed that services were provided in | | | | |
| preferred language: | 68 % | 57% | 71% | 79 % |
| Agreed that written materials were | | | | |
| provided in preferred language: | 65 % | 53% | 63% | 76% |
| Length of services provided: | | | | |
| First Visit | 2% | 1% | 6% | 2% |
| More than 1 visit, but less than 1 | | | | |
| month | 3% | 6 % | 3% | 5% |
| 1 - 2 Months | 13% | 5% | 11% | 7% |

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| | - | | | |
|---|----------|---------------|-------------|----------|
| Demographics Overview | Youth | Youth | Families | Families |
| | June '22 | June '23 | June '22 | June '23 |
| 3 - 5 Months | 13% | 9 % | 16% | 18% |
| 6 Months - 1 Year | 30% | 20% | 30% | 26% |
| More than 1 Year | 15% | 1 9 % | 16% | 22% |
| Not Answered | 23% | 39 % | 19 % | 20% |
| | | | | |
| Results | Youth | Youth | Families | Families |
| | June '22 | June '23 | June '22 | June '23 |
| Total Surveys Received | 60 | 79 | 70 | 85 |
| 1. Overall, I am satisfied with the services | | | | |
| I/[my child] received. | 75% | 59 % | 71% | 82% |
| 2. I helped to choose my/[my child's] | | | | |
| services. | 53% | 49 % | 67% | 65% |
| 3. I helped to choose my/[my child's] | | | | |
| treatment goals. | 73% | 57% | 71% | 76% |
| 4. The people helping me/[my child] stuck | | | | |
| and the same (Price Transmission and the same data to | 720/ | F 0 0/ | (00) | (00) |

| z. Theiped to choose my/[my child s] | E 20/ | 400/ | (70/ | |
|--|-------------|-------------|-------------|-------------|
| services. | 53% | 49 % | 67% | 65% |
| 3. I helped to choose my/[my child's] | | | | |
| treatment goals. | 73% | 57% | 71% | 76% |
| 4. The people helping me/[my child] stuck | | | | |
| with me/[us] no matter what. | 72% | 58 % | 69 % | 69 % |
| 5. I felt I/[my child] had someone to talk | | | | |
| to when I/[he/she] was troubled. | 68 % | 54% | 76% | 78 % |
| 6. I participated in my own/[my child's] | | | | |
| treatment. | 75% | 59 % | 79 % | 78 % |
| 7. I/[my child and/or family] received | | | | |
| services that were right for me/[us]. | 77% | 59 % | 71% | 69 % |
| 8. The location of services was convenient | | | | |
| for me/[us]. | 78 % | 61% | 79 % | 80% |
| 9. Services were available at times that | | | | |
| were convenient for me/[us]. | 72% | 59 % | 77% | 79 % |
| 10. I/[my family] got the help I/[we] | | | | |
| wanted [for my child]. | 73% | 63% | 70% | 72% |
| 11. I/[my family] got as much help as | | | | |
| I/[we] needed [for my child]. | 67% | 54% | 71% | 68% |
| 12. Staff treated me with respect. | 83% | 66% | 84% | 85% |
| 13. Staff respected my/[my family's] | | | | |
| religious/spiritual beliefs. | 58 % | 53% | 71% | 69 % |
| 14. Staff spoke with me in a way that I | | | | |
| understood. | 78% | 63% | 84% | 84% |
| 15. Staff were sensitive to my | | | 2 | |
| cultural/ethnic background. | 72% | 52% | 70% | 72% |
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| Results | Youth June '22 | Youth June '23 | Families June '22 | Families June '23 |
|--|-------------------|-------------------|----------------------|----------------------|
| Total Surveys Received | 60 | 79 | 70 | 85 |
| 1. I/[my child] am/[is] better at handling daily life. | 57% | 49 % | 57% | 58% |
| I/[my child] get/[gets] along better with family members. | 50% | 37% | 50% | 55% |
| I/[my child] get/[gets] along better with friends and other people. | 55% | 48% | 60% | 59% |
| 4. I/[my child] am/[is] doing better in school and/or work. | 43% | 44% | 53% | 48% |
| 5. I/[my child/ am/[is] better able to cope when things go wrong. | 50% | 49 % | 50% | 51% |
| 6. I am satisfied with my family life right now. | 60% | 41% | 47% | 55% |
| I/[my child] am/[is] better able to do things I/[he or she] want/[wants] to do. | 67% | 54% | 61% | 58% |
| 8. I know people who will listen and understand me when I need to talk. | 65% | 57% | 71% | 76% |
| I have people that I am comfortable talking to about my/[my child's] problem(s). | 65% | 57% | 70% | 79 % |
| 10. In a crisis, I would have the support I need from family or friends. | 57% | 44% | 73% | 67% |
| 11. I have people with whom I can do enjoyable things. | 67% | 56% | 70% | 72% |

| Results | Youth June '22 | Youth June '23 | Families June '22 | Families June '23 |
|---|-------------------|-------------------|----------------------|----------------------|
| Total Surveys Received | 60 | 79 | 70 | 85 |
| 1. Is your child currently living with you? | | | | |
| Yes | | | 77% | 75% |
| Νο | | | 1% | 2% |
| Not Answered | | | 21% | 22% |
| 2. Have you/[has your child] lived in any | | | | |
| of the following place(s) in the last 6 | | | | |
| months? | | | | |
| With one or both parents | 58 % | 38% | 15% | 23% |
| With another family member | 18% | 13% | 4% | 4% |
| Foster homes | 5% | 9 % | 4% | 4% |
| Therapeutic foster home | 0% | 3% | 1% | 0% |
| Crisis shelter | 5% | 1% | 0% | 0% |
| Homeless shelter | 0% | 0% | 0% | 1% |

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|--|--------------|----------------|-------------|-------------|
| Results | Youth | Youth | Families | Families |
| | June '22 | June '23 | June '22 | June '23 |
| Group home | 2% | 33% | 0% | 28% |
| Residential treatment center | 2% | 4% | 0% | 1% |
| Hospital | 7% | 1% | 1% | 1% |
| Local jail or detention facility | 0% | 1% | 0% | 0% |
| State correctional facility | 0% | 0% | 0% | 0% |
| Runaway/homeless/on the streets | 0% | 0% | 0% | 0% |
| Other | 2% | 6% | 1% | 1% |
| 3. In the last year, did you/[your child] | | | | |
| see a medical doctor (or nurse) for a | | | | |
| health check-up or because you/[he or | | | | |
| she] were/[was] sick? | | | | |
| Yes, in a clinic or office | 43% | 33% | 56% | 62 % |
| Yes, but only in a hospital or | | | | |
| emergency room | 10% | 10% | 11% | 4% |
| Νο | 10% | 4% | 13% | 8% |
| Do not remember | 12% | 13% | 0% | 5% |
| Not answered | 25% | 41% | 20% | 21% |
| 4. Are you/[is your child] on medication | | | | |
| for emotional/behavioral problems? | | | | |
| (Answered "Yes") | 42 % | 33% | 16% | 22% |
| 5. If yes, did the doctor or nurse tell | | | | |
| you/[you and/or your child] what side | | | | |
| effects to watch for? (Answered "Yes") | 40% | 29 % | 14% | 20% |
| 6. Were you/[was your child] arrested | | | | |
| since beginning to receive mental health | | | | |
| services (or in the last 12 months)? | / | | | |
| Yes | 2% | 4% | 1% | 1% |
| No/Not Answered | 98 % | 96 % | 99 % | 99 % |
| 7. Were you/[was your child] arrested | | | | |
| during the 12 months prior to that? | • • • | 404 | • • • | =0/ |
| Yes | 2% | 4% | 0% | 5% |
| No/Not Answered | 98 % | 96 % | 100% | 95 % |
| 8. Since you/[your child] began to receive | | | | |
| mental health services, have your | | | | |
| encounters with the police: | 20/ | 20/ | 40/ | 00/ |
| Been reduced | 2% | 3% | 4% | 9 % |
| Stayed the same | 3% | 6 % | 3% | 31% |
| Increased | 2% | 0% | 0% | 7% |
| Not applicable | 20% | 34% | 43% | 12% |
| Not Answered | 73% | 57% | 50% | 41% |

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| Results | Youth June '22 | Youth June '23 | Families June '22 | Families June '23 |
|---|-------------------|-------------------|----------------------|----------------------|
| 9. Were you/[was your child] expelled or suspended since beginning services? | | | | |
| Yes | 8% | 3% | 3% | 1% |
| No/Not Answered | 92 % | 97 % | 97 % | 99 % |
| 10. Were you/[was your child] expelled or suspended during the 12 months prior to that? | | | | |
| Yes | 5% | 5% | 7% | 5% |
| No/Not Answered | 95 % | 95 % | 93 % | 95 % |
| 11. Since starting to receive services (or in the last 12 months), the number of days you/[your child] were/was in school is: | | | | |
| Greater | 5% | 3% | 4% | 9 % |
| About the same | 12% | 20% | 20% | 31% |
| Less | 10% | 5% | 6% | 7% |
| Does Not Apply | 0% | 13% | 1% | 12% |
| Not Answered | 73% | 59 % | 69 % | 41% |